

Information on Covid 19 vaccination

Initial Immunisation: There are three safe and effective vaccines available: **Pfizer**, **Moderna** and **Janssen**. **Pfizer** and **Moderna** require a second dose four weeks after the first dose to complete the initial vaccination course, **Janssen** only requires one single dose. After that, there is a good 90% protection against the disease for several months.

Booster: A booster is necessary because the protection provided by the above vaccinations, especially against the new variants, wears off after a few months. If more than 4 to 6 months have passed since your last vaccination with Pfizer or Moderna, a booster vaccination is recommended for both vaccines (Pfizer from the age of 16, Moderna from the age of 18). You will be offered a booster dose with the same vaccine provided with your initial immunisation. If you have received **Janssen**, a booster dose is recommended 2 months after the first vaccination with the same vaccine from the age of 18.

Based on experience, the vaccines are well tolerated. The most common side effects are: Mild pain at the injection site, fatigue, headache and aching limbs, possibly fever. There have been rare cases of inflammation of the heart (myocarditis) reported after COVID-19 vaccination, especially in younger people under the age of 30. Most people who had this recovered following rest and simple treatments. Serious long-term side effects and late effects have not occurred so far and are not to be expected. Most side effects are mild and of short duration. These side effects are usually much less severe than suffering from corona.

There is a chance you might still get or spread COVID-19 even if you have a vaccine, so it's important to follow advice about how to avoid catching and spreading COVID-19.

We want to finally get over the pandemic and return to a normal life. In order to achieve that, we need the vaccinations.

Get vaccinated! We look forward to welcoming you to the Charlottenfels Vaccination Centre. It is very simple and straightforward to get the vaccination. Please register yourself to get vaccinated.

With kind regards

The Covid-19 vaccination team

Where can I get vaccinated?

Please bring your ID, vaccination record booklet (if available) and insurance card.

Register online: [sh.ch](https://www.sh.ch)

Or call to book your appointment **052 632 65 57**

Without previous registration: Walk-in Tuesday 5 – 8 pm

Walk-in offers are only available for initial immunisation, not your booster dose!